



National Trails System

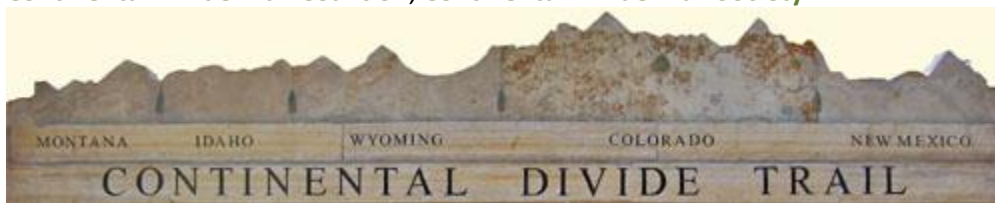


List of National Scenic and Historic Trails:

These trail websites are grouped by trail. For each trail, the federal agency is listed first, followed by the nonprofit trail organization(s).

- **Ala Kahakai National Historic Trail**, Hawaii
E Mau Na Ala Hele, Ala Kahakai Trail Association
Connecting Hawai'i
Established in 2000 for the preservation, protection and interpretation of traditional Native Hawaiian culture and natural resources, Ala Kahakai National Historic Trail is a 175 mile corridor and trail network of cultural and historical significance. It traverses through hundreds of ancient Hawaiian settlement sites and over 200 ahupua'a (traditional sea to mountain land divisions).
- **Appalachian National Scenic Trail**, CT,GA,MA,MD,ME,NC,NH,NJ,NY,PA,TN,VA,VT,WV
Appalachian Trail Conservancy
Footpath for the People
The Appalachian Trail is a 2,185 mile long public footpath that traverses the scenic, wooded, pastoral, wild, and culturally resonant lands of the Appalachian Mountains. Conceived in 1921, built by private citizens, and completed in 1937, today the trail is managed by the National Park Service, U.S. Forest Service, Appalachian Trail Conservancy, numerous state agencies and thousands of volunteers.
- **Arizona National Scenic Trail**
Arizona Trail Association
The Arizona Trail
The Arizona National Scenic Trail is a continuous, 800+ mile diverse and scenic trail across Arizona from Mexico to Utah. It links deserts, mountains, canyons, communities and people.
- **California National Historic Trail**, CA,CO,ID,KS,MO,NE,NV,OR,UT,WY
Oregon-California Trails Association
Gold Fever!
Follow in the footsteps of over 250,000 emigrants who traveled to the gold fields and rich farmlands of California during the 1840s and 1850s-the greatest mass migration in American history. More than 1,000 miles of trail ruts and traces can still be seen across 10 states on the California National Historic Trail.
- **Captain John Smith Chesapeake National Historic Trail**, VA,MD,DE,DC,PA,NY
Chesapeake Conservancy
The Captain John Smith Chesapeake National Historic Trail commemorates Captain Smith's exploration of the Bay in 1607 through 1609, and is the nation's first all-water National Historic trail. It provides a significant conservation, recreation and education resource that stretches over 3,800 miles and traverses most of the Chesapeake's great rivers. In addition to providing needed recreational access to the Chesapeake and its rivers, the trail provides a framework for our work of large landscape conservation, vital to celebrate, protect and restore the Bay. Just as the Appalachian National Scenic Trail provided a framework for large landscape conservation since 1920, so can the John Smith Trail.

- **Continental Divide National Scenic Trail**, NM, CO, WY, ID, MT
Continental Divide Trail Coalition, Continental Divide Trail Society



- **El Camino Real de los Tejas National Historic Trail**, LA, TX
El Camino Real de Los Tejas National Historic Trail Association
From the Rio Grande to the Red River Valley
Come on a journey that will carry you through 300 years of Louisiana and Texas frontier settlement and development on a Spanish colonial "royal road" that originally extended to Mexico City, Mexico.
- **El Camino Real de Tierra Adentro National Historic Trail**, NM, TX
Bureau of Land Management, National Park Service, El Camino Real de Tierra Adentro Trail Association (CARTA)
The Royal Road to the Interior
Take a journey on El Camino Real de Tierra Adentro National Historic Trail to savor 300 years of heritage and culture in the Southwest. This Spanish colonial "royal road" in New Mexico and Texas originally extended to Mexico City, Mexico.
- **Florida National Scenic Trail**, FL
Florida Trail Association
The Florida National Scenic Trail is a congressionally designated National Scenic Trail. It is approximately 1,300-miles long and is intended to offer a continuous, permanent non-motorized recreation opportunity for hiking and other compatible activities. Over its length, it showcases the incredible biodiversity, history, and rich culture of Florida. Its termini lie in Gulf Islands National Seashore to the North and Big Cypress National Preserve in the South.
- **Ice Age National Scenic Trail**, WI
Ice Age Trail Alliance
A mere 15,000 years ago during the Ice Age, much of North America lay under a huge glacier. Mammoths, saber tooth cats and cave lions roamed the earth! Some of the best evidence of this glacier is found in Wisconsin such as the states many lakes, river valleys, gently rolling hills, and ridges. The nearly 1,200 mile Ice Age National Scenic Trail, established in 1980, traces the glacier's edge.
- **Iditarod National Historic Trail**, MT, ID, OR
Iditarod Historic Trail Alliance
The Iditarod Trail, a symbol of frontier travel and once main artery of Alaska's winter commerce, served a string of mining camps, trading posts, and other settlements founded between 1880 and 1920, during Alaska's Gold Rush Era. The Alaska Gold Rush was an extension of the Western mining frontier that dates from the California gold discovery of 1848. The Iditarod Trail was developed as a response to gold rush era needs. Its antecedents were the Native trails.
- **Juan Bautista de Anza National Historic Trail**
Anza Trail Coalition of Arizona, Anza Trail Foundation, Web de Anza
"¡Vayan Subiendo!"
"Everyone mount up!" was the rousing call from Juan Bautista de Anza. In 1775-76, Anza led some 240 men, women, and children on an epic journey to establish the first non-Native settlement at San Francisco Bay. Today, the 1,200-mile Juan Bautista de Anza National Historic Trail connects history, culture, and outdoor recreation from Nogales, Arizona, to the San Francisco Bay Area.
- **Lewis and Clark National Historic Trail**, ID, IL, IA, KS, MO, MT, NE, ND, OR, SD, WA
Lewis and Clark Trail Heritage Foundation, Inc., Lewis and Clark Trust, Inc.
From the Plains to the Pacific
Between May 1804 and September 1806, 31 men, one woman, and a baby traveled from the plains of the Midwest to the shores of the Pacific Ocean. They called themselves the Corps of Discovery. In their search for a water route to the Pacific Ocean, they opened a window into the west for the young United States.
- **Mormon Pioneer National Historic Trail**, IL, IA, NE, UT, WY
Mormon Trails Association, Iowa Mormon Trails Association

An American Exodus

Explore the Mormon Pioneer National Historic Trail across five states to see the route 70,000 Mormons traveled from 1846 to 1869 to escape religious persecution. The Pioneer Company of 1846-1847 established the first route from Nauvoo, Illinois, to Salt Lake City, Utah, covering about 1,300 miles.

- **Natchez Trace National Scenic Trail**, MS

Natchez Trace Parkway Association

A Walk through History

The 450-mile foot trail that became known as the Natchez Trace was the lifeline through the Old Southwest. You can experience portions of that journey the way earlier travelers did - on foot. Today there are five separate trails totaling over 60 miles and they are administered by the Natchez Trace Parkway.

- **New England National Scenic Trail**, MA,CT

Appalachian Mountain Club, Connecticut Forest and Park Association

Find Your Adventure in New England

From the Sound to the Summits: the New England Trail covers 215 miles from Long Island Sound across long ridges to scenic mountain summits in Connecticut and Massachusetts. The trail offers panoramic vistas and close-ups of New England's natural and cultural landscape: traprock ridges, historic village centers, farmlands, unfragmented forests, quiet streams, steep river valleys and waterfalls

- **Nez Perce (Nee-Me-Poo) National Historic Trail**, MT,ID,OR

Nez Perce Trail Foundation

The Nez Perce (Nimiipuu or Nee-Me-Poo) National Historic Trail stretches from Wallowa Lake, Oregon, to the Bear Paw Battlefield near Chinook, Montana. It was added to this system by Congress as a National Historic Trail in 1986.

- **North Country National Scenic Trail**, MI,MN,ND,NY,OH,PA,WI

North Country Trail Association

Adventures Await in Seven States

From New York to North Dakota, you're never far from a great outdoor adventure.

When completed the trail will be the longest continuous hiking trail in the United States. The trail links scenic, natural, historic, and cultural areas across seven states allowing visitors to experience a variety of northern landscapes. Come and experience your America, at a walking pace.

- **Old Spanish National Historic Trail**, AZ,CA,CO,NV,NM,UT

Old Spanish Trail Association

An Arduous Adventure of Rich Trade

Follow the routes of mule pack trains across the Southwest on the Old Spanish National Historic Trail between Santa Fe, New Mexico, and Los Angeles, California. New Mexican traders moved locally produced merchandise across what are now six states to exchange for mules and horses.

- **Oregon National Historic Trail**, ID,KS,MO,NE,OR,WA,WY

Oregon-California Trails Association

Westward Migration

Imagine yourself an emigrant headed for Oregon: would promises of lush farmlands and a new beginning lure you to leave home and walk for weeks? More than 2,000 miles of trail ruts and traces can still be seen along the Oregon National Historic Trail in six states-reminders of the sacrifices, struggles, and triumphs of early American settlers.

- **Overmountain Victory National Historic Trail**, NC,SC,TN,VA

Overmountain Victory Trail Association

On to Victory and Independence!

Stretching 330 miles through four states (Virginia, Tennessee, North and South Carolina) the Overmountain Victory National Historic Trail traces the route used by patriot militia during the pivotal Kings Mountain campaign of 1780. Follow the campaign by utilizing a Commemorative Motor Route which uses existing state highways marked with the distinctive trail logo, or 87 miles of walkable pathways.

- **Pacific Crest National Scenic Trail**, CA, OR, WA

Pacific Crest Trail Association

The Pacific Crest National Scenic Trail (PCT) is a treasured pathway through some of the most outstanding scenic terrain in the United States. Beginning in southern California at the Mexican border, the PCT travels a total distance of 2,650 miles through California, Oregon, and Washington until reaching the Canadian border.

- Pacific Northwest National Scenic Trail**, MT, ID, WA
Pacific Northwest Trail Association
The Pacific Northwest Trail begins near the Continental Divide in Glacier National Park and travels more than 1,200 miles through Montana, Idaho, and Washington before reaching its western terminus at the Pacific Ocean near Cape Alava.
- Pony Express National Historic Trail**, CA,CO,KS,MO,NE,NV,UT,WY
National Pony Express Association & Pony Express Trail Association
Long Distance Communication
It is hard to believe that young men once rode horses to carry mail from Missouri to California in the unprecedented time of only 10 days. This relay system along the Pony Express National Historic Trail in eight states was the most direct and practical means of east-west communications before the telegraph.
- Potomac Heritage National Scenic Trail**, DC,MD,PA,VA
Hike, bike, ride and paddle the Potomac Heritage network of trails
Linking the Potomac and upper Ohio river basins, the Potomac Heritage Trail network follows the paths explored by George Washington. You can follow the same routes today—on foot, bicycle, horse and by boat—exploring contrasting landscapes between the Chesapeake Bay and the Allegheny Highlands.
- Santa Fe National Historic Trail**, MO,KS,CO,OK,NM
Santa Fe Trail Association
The Great Prairie Highway
You can almost hear the whoops and cries of "All's set!" as trail hands hitched their oxen to freight wagons carrying cargo between western Missouri and Santa Fe, New Mexico. The Santa Fe National Historic Trail crosses the five states of Missouri, Kansas, Colorado, Oklahoma, and New Mexico, covering 900 miles.
- Selma to Montgomery National Historic Trail**, AL
The Right to Vote!!!
On August 6, 1965, President Lyndon Johnson signed, the Voting Rights Act of 1965, which extended equal voting rights for African-Americans. As both White and Black non-violent supporters led by Dr. Martin Luther King Jr. fought for the right to vote in Central Alabama, today, you can trace their march toward freedom on the 54-mile trail and connect with their stories at the Interpretive Centers.
- Star-Spangled Banner National Historic Trail**, DC, MD, VA
Star Spangled Banner 200, Inc.
O! Say Can You See? . . . The War of 1812 in the Chesapeake
For three years the young United States was embroiled in the War of 1812 and the Chesapeake Bay region felt the brunt of it, choked by shipping blockades and ravaged by enemy raids. Through sites and landscapes in Virginia, the District of Columbia, and throughout Maryland, the Trail tells the stories of the events, people, and places that led to the birth of our National Anthem.
- Trail of Tears National Historic Trail**, AL,AR,GA,IL,KY,MO,NC,OK,TN
Trail of Tears Association
A Journey of Injustice
Remember and commemorate the survival of the Cherokee people, forcefully removed from their homelands in Georgia, Alabama, and Tennessee to live in Indian Territory, now Oklahoma. They traveled by foot, horse, wagon, or steamboat in 1838-1839.
- Washington-Rochambeau Revolutionary Route National Historic Trail**, MA,RI,CT,NY,NJ,PA,DE,MD,VA,DC
W3R, Inc.
The Route to Victory
In 1781, General Rochambeau's French Army joined forces with General Washington's Continental Army to fight the British Army in Yorktown, Virginia. With the French Navy in support, the allied armies moved hundreds of miles to become the largest troop movement of the American Revolution. The effort and cooperation between the two sides led to a victory at Yorktown and secured American independence.

http://www.nps.gov/nts/nts_trails.html